
WHAT IS THE HUMAN AKASH?

– Monika Muranyi

Have you ever wondered about where your personality comes from? What about your fears and phobias? Is it possible that you have lived before? What if you could tap into your past lives and access hidden talents, wisdom and knowledge? The answer to these questions lies within the Human Akash. The premise is that the many expressions of our past lives are carried over in that mysterious energy called the Akashic Record. The residual of these energies can affect where we live and how we make decisions. Understanding our Akash can therefore be life-changing.

The actual word *Akash* is derived from a Sanskrit word *Akasha*. *Akasha* has different meanings in different philosophies. It has been described as *sky*, *space* and *ether* in an elemental and metaphysical sense. It represents mystical knowledge that is encoded in a non-physical plane of existence. None of that really tells us much, but it simply highlights that the concept of Akashic Records and an Akashic system is not new. What is new is that we are re-discovering spiritual wisdom and knowledge regarding how to use and understand the Human Akash.

The earliest spiritual belief systems on the planet (such as Hinduism and Buddhism) believe in past-lives. The belief that we continue to incarnate over and over was one of the first intuitive thoughts and concepts of humanity and represented the circle of life. It represented a system of learning and remained for thousands of years. At a certain point in history, however, the idea started to fade away and was replaced with today's popular "prophet-driven" spiritual systems. Eventually it was seen as pagan, and in the Middle Ages (in some parts of the Earth), if you spoke of past lives, the chances are you would be persecuted for heresy.

The Human Akash can be defined as an energy that represents "all that is." When you pass through the "wind of birth" and take your first breath, your unique life expression (a term used for a single lifetime) begins. Your personal Akash is a profound energy that



comes in with you ... in every cell. The term "Akashic Record" is therefore a record of everything *you* have ever done or experienced through all your lifetimes. However, the concept of the Akash also represents the future – the potentials of everything that can be – your unrealized future potential expressions on the planet (future lives).

The planetary Akashic Record (a record of all humanity together) is contained in something called The Cave of Creation. The instant you are born, a crystalline structure within the *Cave of Creation* is activated (The metaphor of the word crystalline represents the fact that crystals hold vibrational memory). In the Cave of Creation, your own *crystal* contains the energies of every life expression you have experienced. Everything you have done or that you have learned, spiritually or non-spiritually, is imbued into your crystal.

At birth, all this information is picked up from the Cave, and transferred into the multi-dimensional areas within your DNA. This becomes your personal Akashic Record. This means everything you've learned in all lives is still there, ready and waiting to be discovered. It also means that everything you do is being registered on this planet as energy. This is what vibrates higher within the planet. Collectively, every life expression where you have picked up wisdom and carried it forward, has made this planet vibrate higher. This includes our amazing current energy!

The details of the many lives you have previously lived may not be conscious within your mind, but all of the experiences are still with you right now, hidden in your Akash. Your cellular structure remembers it in some way, and your Higher-Self was there for all of it! Understanding this reality, begins to explain many things that remain a puzzle and a mystery to those who don't believe in reincarnation.

So if we have past-lives and Akashic memory, what does it mean? Are we supposed to work with this energy? How do we access it? What does the system of reincarnation and karma look like? The answer is complex but they exist within the *Akashic System*. Think of it as a type of *energy accounting system* that keeps track of everything that has happened in all of your lifetimes on Earth.

Describing what the Human Akash is, and where it is found is difficult. We know it's in the DNA, but the difficulty is that the Human Akash is multi-dimensional, and therefore elusive to describe or work with. But it also exists in three dimensions (3D), since it is responsible for some of our fears, desires, and actions while we are here. That's the part we can study better.

As discussed, the Akash is part of a learning cycle – a circle that keeps us returning to Earth. Many of you reading this have continued to return for a purpose, and through a system of returning many times, you are given a chance to raise the vibration of the Earth. This makes you an "Old Soul." During your many expressions of life, you have the opportunity to learn things



and these are things you carry forward into the next incarnation. Through the wisdom of this learning cycle, you can eventually raise the vibration of the planet or not. That is your free choice – something that every Human on the planet is given – the choice to look and learn and remember, or to ignore and do nothing.

Your Akashic attributes begin to explain the unexplainable. Within your Akashic information are very 3D emotional attributes of all the unfinished business (relating to your life lesson); karmic group information; all talents and abilities, grown over many lifetimes; all spiritual growth; and a quantum record of what you have done, along with the energy of *all your potentials to come*.

If all this exists within our DNA, why aren't we aware of it? Why can't we remember our past lives? The reason is because our past-life remembrance is not a brain-specific function. Akashic communication is very different. Our brain gives us synaptic survival instructions, based on past experience and stored memory. This helps us in day-by-day decision making. Our DNA, however, talks to us in emotional concepts, and is a body-wide communication system. But it pushes ideas and concepts to the 3D brain, since that's where you experience and work with these things.

Your Akashic Record does not push linear things to your brain, such as who you were, or where you were, or when you were. Normally there are no names, places

or dates with specific information. Instead, your Akash gives you experiential and emotional concepts. Past experiences, which created fear, drama and unfinished emotional resolutions, are delivered to your consciousness not as a remembrance of what happened, but as emotional triggers from experiences. This explains why someone won't go to a certain place, or do a certain thing, because of what they *feel*. Sometimes it makes no logical sense, and often this manifests itself as fears and phobias that seem to be with you all your life, but without a trigger from this life.

The good news is that your Akash also contains hidden talents and abilities. Take a look at the many child prodigies coming in today. Their DNA is giving past emotions and talents to the brain, of the many lifetimes spent as a poet, artist or musician. These children are simply picking up from where they left off in the last lifetime and continuing.

What about you? What about all those lives you have lived? Think about all those lifetimes of wisdom, knowledge and spiritual learning. Your Akash is a gold mine waiting for you to open the door. This entire energy starts with you when you give intent. If this is something you would like to do, but don't know where to start, I have some news for you: You have already begun the process just by reading this article. Spirit sees your intent!



What are the next steps? The answer is simple. Ask the following question, *“Dear Spirit, tell me what I need to know,”* and then pay attention to synchronicity. Synchronicity shows itself as events that *happen that are odd or unusual at unexpected times, which strangely co-ordinate together outside of chance.*

In a reawakened Earth energy, the Akashic Record within our DNA is more available than ever! Your past lives are not just a record, but instead they are alive and active. You earned these things since you created and experienced the energy, and it's still there as a quantum energy in your body. Trust your intuition and listen to your inner voice; because it wants to help you create the life you want!

