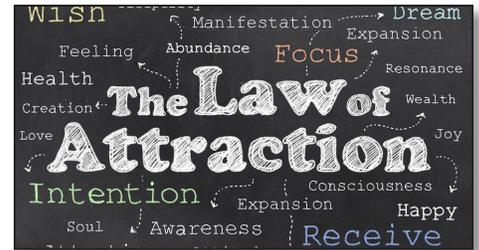

CHAPTER 2 - CO-CREATING YOUR REALITY

THE HUMAN AKASH EXTRAS

– Monika Muranyi

What does “co-creating your reality” mean to you? Do you believe that you create your reality? What about your friends, family or people you work with? Some individuals don’t like the idea that we actually co-create our life experiences, especially if their life is filled with challenge and drama. Instead, the proposition of a universal Law of Attraction may sound more appealing. What is the Law of Attraction? In basic terms it is the response from the universe to your thoughts and emotional vibrations without judgment. It’s a law about energy. The Law of Attraction is real and has been proven by science. The science of quantum physics is proving that everything in the universe is made up of energy and potentials.



Millions of viewers were exposed to this concept after watching the movie *The Secret*. I think this movie did an excellent job of revealing a basic premise. It helped people to see that perhaps there is more to us and our universe than what we were told. I am sure many people decided to implement the Law of Attraction in their life only to be disappointed. They will tell you it didn’t work. They will say things like “*Oh, I tried that once and nothing happened.*” I think the reason it didn’t work is because they did not understand the system. They didn’t understand the co-creation process. They probably didn’t understand the importance of waiting for synchronicity (where you need trust and patience). Perhaps they didn’t understand the goal of co-creation.

The ascended consciousness of the Masters understands how to co-create spiritual balance. The Masters constantly co-create the love of God within their lives. It is not about creating material things. Instead, it’s about creating the energy of peace, health, wisdom, happiness, long life and sustaining your needs within a specific culture to exist comfortably. This is what abundance means. Co-creation works within the system of *everyone with you* and it demands you pay attention to synchronicity. Do you understand what synchronicity is? Kryon has defined synchronicity as:

Events that happen that are odd or unusual at unexpected times, which seem to strangely co-ordinate together – seeming coincidences that aren’t. They often will surprise you. The occurrences you think will have the least promise, or the avenues you might have travelled down once that’s brought no results, will often suddenly bring the most!

There is a system that sees your need long before you have it. It provides a potential and an answer that can help you if you need it. It provides a system where all things are known about your potentials. It provides something that is against all odds and out of 3D. Your co-creation will manifest when everyone in the system is ready. To many this looks like a coincidence or an accident. But you have created the synchronistic experience. How many “coincidences” do you need before you can see the magic?

It’s a tough concept to live by because it is out of logic and doesn’t make sense in 3D. When you learn to expect it you realize how the simple needs of life are taken care of through synchronicity. It does not work for those

sitting at home waiting for synchronicity to walk through the front door. It requires you to get out of the house and push on the doors of potential. Nothing can happen until you begin to put action behind your INTENT. For example, if my intent is to have a fit and healthy body I can't expect this to happen if I don't take actions like physical exercise and healthy eating choices. As I start the action process I am more likely to meet others who have knowledge and experience in what I seek. For example, I will catch up with a friend who has just opened a gym and offers me a free membership for six months. This is called synchronicity and co-creation.



The co-creation process doesn't recognize good or bad experiences. It is a delivery mechanism that is based on your energy and the focus of your INTENT. The first time I heard about this I went into an immediate panic that I would attract things I didn't want. So how can we avoid these pitfalls? Negative thoughts and fearful things DO HAPPEN! Thankfully we have many new gifts and tools in this new energy that can help us move through these challenges with ease and grace, if we choose. I would like to repeat some very sound advice that Lee Carroll gave in Kryon Book Six, *Partnering with God* that discussed the subject of Intent and Co-Creation.

The next time you have a major challenge – one that makes your palms sweat with fear – try this: (1) Immediately look at why it might be happening from a metaphysical point of view. What is the lesson? Why now? What does it mean metaphorically (there is almost always an obvious answer). (2) Meditate and co-create PEACE over the fear. Do this first. Don't start working the problem yet, or trying to create the solution. Get peaceful first! This gift of peace is yours for the asking and can be created! (3) Wait at least three days before you do anything about the actual problem. (4) Take responsibility for it. Understand that sometime when you had the "mind of God," you helped plan this test. Your Higher-Self wanted this experience, and now here it is on schedule. With the planning of the test, you also (from the depth of your multi-dimensional wisdom) created the solution! (5) Finally, face off with your divine "partner," and start co-creating the solution you designed. When you do, don't tell your "partner – Higher-Self" – how to solve it. Instead, visualize it being solved and gone, with a win-win solution for all parties.

I would really like to emphasize the importance of becoming centered, balanced and peaceful. This may take time. When you are feeling calm and peaceful the solutions and ideas for how to move forward will come flooding in. When you are locked in fear, anger or depression you spiral in this energy, become blinded to opportunities and take on the attitude of a victim. Speaking from personal experience when I'm in this state I can have anyone offer me the perfect solution to my problem and I'll simply reject their solutions and refuse to even consider what is being offered. I'm too fixated of being in the drama. The irony is that when I return to my sense of balance and peace, I'll then take up exactly what was offered.

So if co-creation is a process, exactly how do we co-create? Co-creation is you creating with the many you's. Sound a bit confusing? Don't worry Kryon has described how.

Humans are possessed with a desire to know, *"How do I co-create my reality?"* Well, the first way is to get rid of your 3D sense of time. Understand and agree that you are a bigger energy than you can see in 3D. There are more of you than it seems, and although you're in charge of your life and your brain, think for a moment of these other lifetimes that are still happening, that you also have control over. *"Kryon, does that mean that I also have control over my Higher-Self?"* Yes, it does – because your Higher-Self is no more than a divine complement of your angelic being. It sits there in no judgment at all, and does not control you. It sits there ready to be connected to you and when you connect your thoughts, they are the enhanced thoughts of *you*, but enhanced by the wisdom of the Higher-Self.

Back to co-creation. In order for me to do this explanation correctly, I have to give you *the rule*. It's an axiom that you've always known intuitively is there, but now I'm going to verbalize it. It's about enlightenment, and here it is: No amount of enlightenment energy can be put upon another person to change them without their permission. Let me put it in another way. You cannot, with your enlightenment, spiritually steamroll over another person who doesn't have it. It's against the rules; it cannot be done.

Co-creation in the 3D sense might appear to be something you do with your own energy, which affects you and gets you something. That's not the way it works, though. You cannot, in all integrity, affect someone else's life with your own co-creation. Now, when you think about this, you might say, *"Well, how else can it work? Doesn't there have to be a winner and a loser? At least there has to be someone else affected by what I create. I don't live on a desert island. Everything I do will affect someone else."* The answer is no, there is not a winner and loser. Instead, there is a winner and a winner.

There is a huge concept you don't understand. As you co-create for yourself, you push energy around that never would have been pushed around before. When you do this, it helps someone else to move into a place that will eventually give them a light that they didn't have before, allowing them better free choice. At the same time, it creates the situation in your life that you have been working on. It's complex, but think of it this way – your energy is perfect for all around you when you are co-creating with pure intent. It never violates the rule.

Let me review so that you understand two things we have mentioned before. When you send light, it is the same concept. We told you this before: You are not asked to send light with a bias. If you know something is happening, and you wish to send light there to help it, don't send the solution! Don't send what you want to happen. Just send light. Get used to understanding that light is all you have. It has "cosmic intelligence" that knows what to do. That's what the lighthouse has. It doesn't have an agenda. It only has light. It doesn't broadcast something on the light. It only has light. It depends upon someone else "seeing" what it does. You send light to a place in the darkness, and whoever is there gets to see better. Do you understand? And when they see better with their free choice, they can choose things that you have helped illuminate with your light. That is the integrity of sending light, and it also applies to co-creation.

The second review is we told you about prayer. When you pray for someone, don't put an agenda on it. This is tough! *"Kryon, if we can't put an agenda on it, how do we pray for somebody?"* It's easy. Imagine the end result of the prayer. If you're praying for someone's health and they are sick, see them in your mind as happy without the disease. Don't imagine how it's going to be done and don't tell God what to do. See the result. You are actually pulling upon the "now" of your potential futures when you do this. If you pray for peace, see an Earth where families are not in fear or worried, where they don't have war. Visualize the smiles of the children in a safe place.

It is your visualization that is your prayer, and that, my friends, is just like sending light. Send the compassion of your Divine-Self in places that need it. That's what real lighthouses do, except that they have physical light and you have spiritual light. That's not hard to understand, but the hardest one is about co-creation.

The only way I can do this is to give you this example, and one that you will all understand, especially in this town [New York City]. See, I know where I am. [Kryon smile] How many of you have heard of the Parking Angel? [Laughter] You've got Parking Angels here, you know? You probably have more than most. [big Kryon smile]

The way it works

Let's say for a moment that you're in your vehicle and you're circling the block. You're praying: *"Dear Parking Angel, I don't know how you're going to do it, but I need a space here."* You've all been there, haven't you? [Laughter] Suddenly, indeed, another vehicle pulls out right in front of you, and that driver leaves, and you pull in. You say, *"Thank you, Parking Angel!"* Now let me review to you what just happened so that you're not confused.



There are some who feel the scenario goes like this: Your arrival in the circling mode changes the energy of the block and, somehow, some poor soul who is in a store shopping gets ripped away from the store by the Parking Angel, and plopped into their car, where they're forced to put it in reverse and leave! Bewildered, they suddenly realize that they had no intention of leaving, but they did anyway! What happened? [Laughter] Then you pull into the space!

Oh, how 3D of you! Of course, what I just described simply doesn't happen. No, instead it's a synchronized *dance* done out of time and space. Do you know how complex this is? Think of this the next time you get "your space." Here is the correct scenario: Your arrival is about to correspond with someone else's departure, so all the Parking Angel has to do is to align the synchronicity of the dance. You're there at the right time, the shopper leaves, and you pull in. They're happy. You're happy. Everybody wins. However, this involves the many portions of you who are in many places at the same time, as well as the one who is shopping. The Parking Angel is actually a traffic director of the immense planning session that many parts of you are involved in all the time.

Now, think for a moment of the complexity and of the planning of all this. You've got a Higher-Self and you've got other selves above that ... all knowing what time you're coming, what time you're

going, when you're going to pray, and also the same thing about the others who are shopping. Did you ever consider that the other angels in this dance have to agree? They do! Did you ever wonder if your good fortune was someone else's co-creation? It often is ... made much easier to synchronize.

There the shopper sits in her car. She is praying, *"God, parking places are really hard to get. Let this one go to another who really deserves it, and who loves you the way I do."* Suddenly, you show up! Now ... who was co-creating for whom?

Do you understand how complex this is? Now, amplify this complexity tens of millions of times, because the process is about a dance of synchronicity. You're asking for relationship issues; you're asking for job issues; you're asking for travel issues... so many things you're trying to co-create in your life.

You're asking for the synchronicity of the dance and at the same time, so many of you don't understand how this works. You put rules on it. *"Oh, Spirit, deliver to me exactly what I need, and I've got this need and I've got that need and I'm going to co-create it. Uh... but I'm not willing to leave town, by the way, and I'm not willing to do this and I'm not willing to do that."*

"How am I supposed to do anything," your angel says, *"if you put restrictions on it?"* If you put restrictions on it, you're not going to have any co-creative ability. Restrictions stop the music.

If you want to co-create, let the dance begin! No restrictions. Don't be afraid of the love of God. You think you've got it figured out where you're supposed to be and what you're supposed to be doing? But you've all got something, don't you, that you don't want God to disturb. *"God, don't touch my family,"* some say. Let me tell you about your imprisoned thoughts. You're always afraid that God's going to do something to disturb your family or friends or something good in your life. What if, instead, we touched your family and made them fall in love with you all over again? What if they got an enhanced love wash? What if this family of yours that you don't want us to touch suddenly becomes interested in what you have found? Do you have the courage to let them all know? That's what I want to tell you. Things are not what they seem.

Kryon live channelling "The Many You's" given in New York City – April 1, 2006

Are you beginning to understand these high concepts? The synchronicity that you wish to create is prepared within the multi-dimensional soup of energy long before you need it. In Kryon Book Twelve, *The Twelve Layers of DNA*, we learnt about DNA Group Two: The Human-Divine Layers. These are layers four, five and six. During the "wind of birth" you split up into many parts. The "entourage of your soul group" remains on the other side of the veil. When you co-create you do it with your own soul entourage group. All the soul groups who are part of your co-creation are involved. When you co-create a new job or a new relationship it creates a win-win solution with the others around you. The entourage of **you** works with the entourage of all the other Humans around you. This is the secret behind how your co-creation for yourself helps all of humanity and the vibration of the Earth.

The following Kryon channel explains even further the system of how synchronicity works:

When something happens to you that is good, your friends around you may say, *“What a lucky person you are! What are the chances that this would happen to you?”* When you go into a difficult situation, something that is common to humanity like surgery, and you come out with results that are positive beyond expectations, your friends may again exclaim, *“What a lucky person you are!”* Then somehow you continue to be “lucky” over and over.



Perhaps you go someplace and you accidentally meet just the right person who knows someone else who has just the right information that you were looking for. This leads you to end up with exactly what you wanted. What are the chances of this? Your friends are amazed! *“What an incredibly lucky person you are!”* That’s all a Human can say, since there simply is no other explanation in their reality. The idea that you might actually be bending the bell-shaped curve of average and, by chance, using an available system will never occur to them.

Humans do not see the structure of synchronicity. It is not part of any kind of system that they use. They believe it is simply chance. The only structure that is used is goal setting, planning, and forward-looking systems. Only through these does the Human believe they can help control their lives. Indeed, this is the only way a Human can achieve things in a linear fashion so that they will arrive at a pre-set goal. In this linear system, no matter what kind of process you have studied that will get you from A to B, there must be a goal. Some of you take those goals and you will paste them to the refrigerator so you’ll see it every day. This is a linear process for a linear Human Being and is well known.

What if I told you that there is a process that is not linear and has only conceptual goals? A conceptual goal is one that says, *“Dear God, put me in the right place even though I don’t know where it is. Dear God, when you do it, make it comfortable for me and help me to see the sense of it. Make it easy and bring me the right situations and synchronicities to put me in this place I don’t know about.”* How about that?

If you told that statement to someone off the street, they would say, *“You must be New Age!”* They see you as silly and floating around without a goal, hoping the Universe will somehow show you the way. They laugh. But the Human who begins to use synchronicity as their life’s path is simply changing the box of belief to include something that is available to all of you, but is not in 3D. In fact, some of you have been using this process a very long time, but you’re just not aware of it.

The Truth About the Power of Synchronicity

So today’s channelling is about the power of synchronicity and the truth about it. Now you know what it is, so we will discuss where it comes from, who is involved in it, and what you can do to help make it happen for you. The Human Being creates synchronicity with intent and belief. That is how it starts.

Now this next item comes from my partner, who loves to talk about the Parking Angel. [Laughter] This is the example he uses, so we'll do the same thing. Many Lightworkers like to use that which they conceive as a special angel who has powers to overlook a giant parking lot to see who is pulling out and where it's taking place. The idea is that the Human will then ask the parking angel to help guide the car to find a good parking place. Now, this is not forward planning, is it? It is a different concept, a concept that has you placing yourself or an angel that becomes your eyes, far above the parking lot to see the parameters of the entire lot and what is going on. If that were possible, then in 3D you could direct your automobile to arrive when someone is pulling out, and it works! It actually works. Over and over, it works. It works because this is the definition of synchronicity. There is no planning ahead, but rather a concept that you assign and believe in that requires an overview of a situation that you cannot work out in 3D. Most people just circle within the lot, expecting chance.

Now, I cannot close this parking angel discussion without giving you the rest of the story that my partner demands I give you. **There is no such thing as the parking angel!** It's you, assigning your power to a mythological creature that stands on your car with a P on its chest. [Laughter]

Humans are very good at this. They don't believe they can do it, but they believe angelic powers can do it. Therefore, they assign their power away to a higher entity. However, it's you doing it, dear one! It's you finding that parking place, but you just don't believe it.

Now, let us put that entire example in a larger capacity, which is the scale of life and living. Here you find yourself in a situation where you wish to move forward in an area you don't know about. All you want to do is park. *Parking is a metaphor for putting the vehicle of a Human Being in a place that is appropriate for your life, wherever that would be.* It gets you there so that you can then move on with what you came for. That is the metaphor.

Humans have an idea where that would be. It's normal for you to build goals and expectations. Humans say, *"I want to write a book; I want to create a healing center; I have this, I want to have that."* It is absolutely normal. So the next question I have to ask you is this: Are you OK if what you receive is not what you imagine? Is it OK if it's better? Is it OK if it matches the Akash you came for or the talents you have that perhaps you are not even aware of? That's the first step, to have the intent to create synchronicity in your life to bring you to a place that matches an invisible ability.

When you used the parking angel, did you specify the place for your car? No. You said, *"Anywhere!"* So the goal was conceptual, not specific. This is what it is all about.

How It Works in 3D

Here's how synchronicity works: You come to a meeting like this and you meet somebody for the first time. Perhaps you meet them in a place in the back or in the hallway. You get to talking and you find out that you have common interests. Often they have information you need or you have something they need, and you both leave with a connection you didn't expect. Then the connection leads to something else, for they know people that you don't know and vice versa. Later, you might call them or meet with them. Then, outside of what you originally thought about, you might find yourself working in an area you didn't expect to work in, which fulfills a lot of the things that you originally wanted.

Sometimes you arrive with no expectation at all, but you meet a partner of your life! This happens over and over to many, because they decide to come to where family is. Over and over, Human Beings have resigned themselves to being alone in life. Then they'll come to a meeting of like minds and they'll find somebody that fits them. Life changes, and there is sometimes romance and synchronicity. You didn't plan it! Do you see the difference?

The Human who steps out of the door on the way to this meeting does what? He shows up and has a great time, but all the while, he/she is open to synchronicity. *"Dear Spirit, if I'm supposed to meet somebody, then let me have the signals within my intuition to at least look for it."* Do you see the difference here? Synchronicity is planning for concepts that you cannot define.

I am sitting in a room of old souls and at least a quarter of you know exactly what I'm talking about. You're here because of it; somebody showed you something that perhaps made you look at things differently. It didn't give you a doctrine, did it? It only made you look. Can you put a price on that? It made you look into a place that showed you that you are divinely built, and perhaps biology has something more in it, something called *innate*. Innate is body intelligence and knows who you are. It works with the Human Being whenever asked. It is a consciousness within a consciousness, and it hooks you up with synchronicity. It does it way beyond the laws of average and way beyond the bell-shaped curve. So I just gave you the scenario that can happen over and over in meetings like this, in small gatherings, and in large gatherings. Now, let us talk about how it works. These are things that we have seldom discussed and never within a channelling like this. But first, we've got to talk about the majesty of the Human Being.

It wasn't that long ago that we gave you a channelling called the nine energies of the Human Being. It's what I want my partner to begin teaching soon. It's esoteric, it's complex, and it's time. There are conceptual parts of these nine attributes that go beyond what the Human Being is used to hearing and here is one of them.

The Human is Part of the Creative Source of the Universe

If it's true, dear one, that you are a part of the creative source, do you then logically understand that your soul is enormous and that only a piece of it is inside your 3D biology? If all of this energy was in your body, you'd vanish! You'd turn into light itself with more power than all the masters of humanity. You'd have that which Elijah experienced as the only Human to ever ascend while another watched and recorded it. According to the account, Elijah vaporized because the power of God cannot live in the Human Being at full strength. Do you understand? And if you understand this, you will understand that you are only experiencing a small portion of the God in you, which is the creator in your body. So here is what begs another question: Where is the rest of your spiritual self? It's with me, dear one. It's on the other side of the veil as part of the creative source. It never left.

Now, here is what is difficult for your perception in your 3D box. You carry around a corporeal identity that is singular. We have said before that you're really not singular at all. Instead, you are part of a very large group that is God. When you get to Earth, a piece of you separates out and becomes corporeal. It has one body with one face, and this is how you see things. But the rest of you – which is still you – stays with God.

Now let me tell you the revealed truth: You are a multi-dimensional being and part of you is on the other side of the veil. Get used to it. Your soul is not separated out, but in 3D it seems like it. There is not a soul somewhere with your face on it on the other side of the veil, tapping its toe waiting for the rest of it to come home. You are always together.

There are Humans, however, who believe in this separation, because all they can do is project their linearity onto the majesty of God. We've talked about that as well. So get used to the fact that there is a quantum God and a linear Human Being, and you cannot put them together easily in your mind. The truth is that you're part of the sacred soup of God and those sacred parts look down upon you and are always available, always available. Just like the parking angel, your soul parts see everything. Imagine! A part of you is available from the other side of the veil. Let's put this in your 3D perspective: It's a spy in the sky and it looks at everything all the time. It knows who you are and everything about you because it's part of you. It broadcasts information to you that you receive through intuitive thought. Are you here, are you understanding? It informs you to get up and go places, if you're listening.

It's a Divine System in All Humanity

Here is what you need to know: Every single Human Being on the planet has it because every single Human Being is a part of the whole. Do you understand that? What would happen, however, if there is a broadcast done, but 90 percent of the people don't have a radio? That means 90 percent never receive it. The broadcast is still there with their name on it, but they don't have a radio because they don't believe it.

Then, here comes you. Some of you got your metaphoric radio a long time ago and some of you are just getting it now. Believing it exists activates it. The "radio" is the pineal gland opening up into a multi-dimensional portal that tunes right into that which is you. This is difficult for a Human Being to understand. When you receive this broadcast from the "multidimensional you," it guides you left and right; it knows who you are; it's benevolent; it's part of God; it's part of me. It's hard to explain. That's why it feels so good, dear ones. Did you ever wonder why profound messages and meditations feel so good? It's you with you! It's beautiful! If you're part of the creative force and you are quantum and multidimensional, it means that these intuitive messages have your face on them and would never lead you into a place for other reasons other than benevolent ones. That's the system.

Why Are You at This Meeting?

Now, let's go back to the point at which you decided to come to this meeting. Some of you are sitting here today yet you didn't know about the meeting until the last minute. I want to tell you, you're tuned in. Your radio is working because your intuition spoke to you enough for you to look around and go somewhere and find out this meeting was happening.

I'm going to ask you a question: Who haven't you met yet in this room? Now that is a hard question, since you can't meet everyone, can you? So now we're getting into the process of synchronicity and a process that is guided through intuitive thought. It's what you would call the *innate intelligence* of the body allowing you to be *in the right place at the right time* and talk to the right people. You can't really plan ahead for that, can you? Instead, you must be tuned to it, and some of you may have

discovered things today here that will make a change in your life. Perhaps you met others who have similar interests? That's what it's about.

So when another person says to you, "*You must be New Age*", just smile and admit it. You are using intuitive thought and listening to it as much as possible to put you in the right place at the right time. This should also dispel the notion that a New Age person just sits at home doing nothing but meditation and waiting for God to speak to him/her. That is not the way it works. Instead, go places that your intuition says to go to. Then discern, was it right? Was it not right? What does it feel like when it's right and what does it feel like when it's not right? Put all this together and, pretty soon, like a muscle in the body when exercised, it starts to work better for you.

Innate works with you to fine tune it. It knows what you are trying to do and helps the process along. Sometimes you can look at somebody and they look back and suddenly it seems like you could say, "*Hello, old friend! It's good to see you.*" You might hug for a moment or shake hands, depending upon the culture, and know that you've just met a best friend again. They may have something for you or they may not. It just may be for a moment so you can intermingle in a quantum way and acknowledge the fact that you are old souls. That's good enough.

Hard Concepts

The hardest things for Humans in all this is what I'm going to present next. The process is different than you think. First, we have established that it's not linear. It's a conceptual attribute that you cannot plan on. The timing is not known, so you cannot paste a goal for something you don't know about on your refrigerator. Instead, it requires the Human Being to be in faith and with no clock. That's number one.

Then we've established that the information comes from a part of you that is on the other side of the veil, because you cannot hold all of the mastery that you have in the corporeal body. You are part of the creative source and always will be. Part of you is on my side of the veil – the part that talks to you intuitively and says, "*Go left, go right, stand up, sit down, go over there and meet that person.*"

And the next one, it's the hardest concept of all. How do we describe it? There are seven billion souls on the planet and they all have the same attribute as you do – all of them. They are all on the other side of the veil as well as being here, just like you. They're all talking at the same time and broadcasting things, just like you. The things they are broadcasting are using the same "mind of God" that you have because they are on my side of the veil. The divine parts of humanity are still divine, no matter what the corporeal and intellectual parts are believing or doing. Are you understanding this?

So even if they have a corporeal self on Earth that is completely and totally unaware and has no *radio to receive*, it doesn't make any difference. They're still broadcasting potentials and loving intuitive messages. These messages are benevolent and for all humanity. This means you can listen to them as well and they're tuned to your frequency, since that frequency is not proprietary. The result? They'll tell you things that intuitively will help guide you and help you to work with their corporeal counterparts. This is difficult to understand. Think of it this way: The divine parts of

Humans you may never meet know you are listening. Therefore, by broadcasting to you, they help their own soul counterparts, for you are working on peace on Earth and compassionate action.

In your 3D singularity, you're hooked up to one soul – you – right? On my side of the veil? No. On my side, you're hooked to *all of them*. So, therefore, even the soul parts and pieces of complete nonbelievers are still broadcasting information that will help humanity. It's a hard concept. Think of it as a collective, intuitive force.

“Wow!” people say. *“Look at that tragedy you escaped. Why did you leave the building before it fell down?”* You might say, *“I don't know. Something told me to go and I did.”* This happens over and over, dear ones, and now you know why it works. Is it possible that the Human soul is connected in such a way that it talks to everybody at the same time? The answer is yes.

When an intuitive healer sits before a totally dense and stubborn unbeliever, do they still get messages to help heal that person? Yes! So the intuitive innate of every Human Being is working no matter if that Human has the ability to “hear” it or not. It's broadcasting to the healer! It's broadcasting to all. This alone should show you that intuition does not come from the synapse of the brain, but rather the portal of the pineal.

What are you supposed to do with this information? Well, we've already covered a little of it. First, understand the process and believe it. Do not get disappointed that your planning is not working. You can't have both, dear ones. You can't have plans in the corner waiting, just in case. The synchronicity won't work, since you'll void it if you try to plan around it. Do you see that?

Second, understand that synchronicity may take you to a place you didn't plan on. Is that OK? The old soul will sit in the chair and say, *“Of course. Yes, it's OK. Anything is good.”* Really? Really? Humans like it their way. You might be pushed and pulled to uncomfortable situations and places you would not have initially chosen on your own. Can you honor this? Can you say, *“It is well with me. I know I'm supposed to be here because this is where synchronicity placed me?”* Feel the love of God surge through your heart and all the cells of your body. Then say, *“Thank you God for putting me in the right place at the right time.”* It may take a while to figure out the “whys” of it all, but eventually you will see it clearly and smile. You will realize that you could never have planned it, and it was perfect.

Let me tell you something: Perhaps your 3D goal will never be accomplished. Is that OK? Instead of settling into a final goal, you'll always be in motion, always. Is that OK? There'll always be the ladder to climb in knowledge, in awareness, and energy. New things will always be coming your way. It will be this way until the moment you take your last breath. You will feel that you “never arrived” at your goal, but that's not true, for each day you have arrived. It's a mindset – and you don't like that either, do you? Instead, you want to arrive in a place and say *“I made it!”* Then you wish to purchase a T-shirt that confirms it. [Laughter]

Synchronicity can put you in places that are beautiful. It can save your life, and often does. It voids all the karmic attributes that have pushed and pulled you around forever. It changes the way people think about you because you change. It changes the way you think about others because you are put in the places to see who you are. It rearranges that which you believe because you start to have reinforcement of action, and you know that it is working. You can stand tall and tell

the others that you have no idea where you are going and you are proud of it! All the while, you are healthier than they are, and you're happier than they are, and you love people they won't love. Do you see what I'm saying?

This is a change in perception of life. It's a change in everything that the Human Being has been taught in 3D, and it's not "let go and let God". It is a partnership – a new arrangement that's conceptual and demands work on your part, demands it.

Expect synchronicity, but if it doesn't come when you think it might, don't be disappointed. It simply wasn't supposed to! Humans are funny. Look at the phrases that many in your culture use. They know about this! "*Well, I guess it was supposed to happen.*" They have no idea! Yes!! [Kryon laugh] Or, "*The universe had a message for me.*" They have no idea, that's exactly right! Exactly right.

So I've just given you the mechanics of it and it's beautiful and it's just for you. Benevolent, helpful Information is being *broadcast* all the time, even from the non-believing souls. Their "God part" is active and knows that you are hearing them. It helps the old soul to go from A to B. More than that, it helps you find processes and principles and people who can make a difference on the planet. This is what's new.

There's going to be a beginning of a marriage not just to help Humans navigate the now but to navigate that which is coming. These are set-ups for the next time around Akashically. What did we tell you the last time we spoke? We discussed *Akashic Inheritance*. What you learn this time carries into the next time, so the set-ups you have in this life will carry into the next. You'll *remember* them and you'll keep going. Today's synchronicity is tomorrow's future. It's important, old soul, that you start to learn how to use it and to carry it. Learn how to expect it, how to believe in it, and change the way things work for you. As part of this new teaching, we tell you it's time to void the bell-shaped curve of 3D that tells you about averages and the probability of your life. All you have to do is nudge that curve a little with a multidimensional energy called synchronicity and you design your own curve. Synchronicity is learning to acknowledge the Higher-Self and the fact that God is inside. It shows a willingness to *listen* in a way you never have before to a source that is personal, loving, benevolent, and beautiful – an energy that will never change.

And so it is.

Kryon live channelling "Synchronicity – The Way it Works" given in Asheville, North Carolina – August 24, 2013

As you can imagine, your co-creation involves many soul groups which means the timing of when synchronicity occurs is often the biggest frustration because you don't know when things are going to manifest! The best advice I can give is to practice becoming peaceful within. When you drop into your core spiritual self it allows you to gain a deep trust that all is well and that your co-creations are busy being arranged on the other side.

I almost hate to say it but things are ready when they are ready! (sigh). Love and blessings to you as you continue to co-create your life filled with an abundance of love, peace, joy and enlightenment.

Questions for Kryon

How can we help those who co-create darkness, negativity and depression?

ANSWER

- (1) Don't "buy into" their attempt to control you. If you must be around them, simply hold your own and do not participate in their conversations or perpetuate their drama.
- (2) Attempt to see the light of God in them, no matter how dark they seem to you. Find common ground in your mind with who they are. Let this exercise allow you to relax, even in a negative situation. Dark cannot affect light.
- (3) Nothing they create can touch you in a negative way. Understand this, so you are not uncomfortable sitting within darkness or negativity. Don't be afraid of the dark. YOU are light.
- (4) Think of yourself as the only light in the room and, like light, make no sounds (a metaphor that means "don't broadcast what your light means to you"). Instead, let your actions show others "God in you".
- (5) Listen patiently to others, help them when asked, and simply balance the area where you are. You would be amazed at what this does to darkness. Darkness cannot sustain itself when light is present. Balance is light.

What advice can you give to those who are having difficulty co-creating?

ANSWER

Many of you can't co-create because you don't really believe you can. You doubt the very reality of the message here. Some of you are so "Akashically dysfunctional" that you have no self-worth to sustain you through any exercise of co-creation.

Start slowly and understand the principles we have given you from the beginning. Go and study the original messages of Kryon if you need to. Become comfortable with it.

- (1) Drop your karma – now. It's time to steer your own boat.
- (2) Practice synchronistic planning, where there is no goal and you seemingly depend on chance to have things fall into place. Use your intuition to guide you.
- (3) Work the puzzle of "no self-worth" in your own way, or in ways we have discussed before. You won't be able to co-create anything as long as you are a victim of anything – anything!
- (4) Drop into your core and become peaceful with all things around you. Feel the love we have for you and begin to understand that you deserve to be here! Feel comfortable around others who are dark, since they cannot affect you.
- (5) Then, and only then, can you start to consider the attribute of co-creation. Slowly, you can begin to work with the energies around you and feel them as benevolent attributes of your own making. Fall in love with the God inside.

THE HUMAN AKASH EXTRAS - TABLE OF CONTENTS

- Chapter 1 - Reading the Akash
- Chapter 2 - Co-creating Your Reality
- Chapter 3 - Co-creating with the Lattice
- Chapter 4 - Co-creating Your Next Life
- Chapter 5 - Working with Innate
- Chapter 6 - Quantum EFT
- Chapter 7 - Kryon Akash Parable

